

Meridian Energetics® Health Food & Services

Nicole Hibbs and Mel Brand, owners of Meridian Energetics® Health Food & Services, in West Lorne, have been in the health and wellness industry 17 years. While both worked in their own field of specialty, prior to their partnership in 1996, they both have the same passion for assisting and healing the community through holistic services and products.

Offered at Meridian Energetics® Health Food & Services, are a variety of health supplements, handcrafted creams, soaps, herbs, and body treatments that help with arthritis, anxiety, blood pressure, candida, chronic fatigue, depression, digestion, immune building, menopause and weight loss. Also available are health packages which are body specific and are tailored to work with those issues as well as cleansing, detoxification, inner child soul work, counseling and overall relaxation, as well as stress and pain management.

Customer feed back and awareness of the business provides a constant source of valuable information, which leads to the expansion of more health food options, healing products, and services.

There are many different elements related to the mental and/or emotional needs of our clients. The key is whether they can understand that true health is a shift in attitude as much as a change in diet, supplementation and lifestyle. Nicole and Mel work very closely with their clients to find this balance.

When offering advice to other couples starting a business today, Nicole and Mel stress the importance of working closely with your customers and updating everything from your store front to your products and services.



Nicole Hibbs and Mel Brand

To contact Meridian Energetics® Health Food and Services, stop by 186 Graham Street in West Lorne or call 519-768-3391 www.meridianenergetics.com